

JASON WINTERS ANTICANCER TEA (HOT OR ICED)

*WHEN POSSIBLE, USE ORGANIC OR LOCAL GROWN PRODUCTS

Jason Winters tea is well-known by those who study natural health and its totally delicious! We always have a pitcher of this sitting in our frig.

For those of you who aren't familiar with the story, this is from the Jason winters website

(sir.jasonwinters.com):



A terminal cancer patient given just three months to live, Jason Winters refused major surgery and traveled the world in search of an herbal remedy. He achieved remission and shares his experiences for the benefit of cancer patients and others seeking to avoid this dreaded illness.

INGREDIENTS

- 12 C HOT FILTERED WATER (FILL OUR POT UP 2X)
- 4-6 TEA BAGS (ANY FLAVOR)
- 1/8 TSP SCANT STEVIA (SWEETLEAF SUPER CONCENTRATED)



DIRECTIONS

1. BRING WATER TO BOIL.
2. STEEP TEA BAGS (ALL AT ONCE) FOR 5 MINUTES.
3. ADD STEVIA.
4. WHILE IT'S WARM, DRINK A CUP. THEN POUR THE REST IN A PITCHER AND PUT IN THE FRIG.

SERVE OVER ICE FOR A REFRESHING ICED TEA!