Disclaimer

We have designed our materials (website, eBooks, courses, etc.) to provide the guidance we wish we had the day diagnosed. It is our hope that this information helps you to fast-track your wellness plan.

The information that we provide is not medical advice and is not intended to take the place of advice from a qualified medical professional. This information is not intended to diagnose, treat, cure, or prevent any illness. The contents of this publication are for informational purposes only and are not intended to be a substitute for medical advice, diagnosis, or treatment. Any action you take with regards to your personal health is solely at your own risk and expense. Always check with your doctor before changing things like diet, exercise, supplement routines, or anything else that may impact your health.

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That said, at no time will we apologize for the content of our material, as it contains the reality of what we learned while taking every logical step to save the life of someone we love. Our materials are influenced by some of the world's leading researchers, authors, naturopaths, medical experts (alternative, integrative, conventional), etc.

Our materials focus on integrative/holistic care and outline what worked for us. This information was gathered during a time in our lives when the stakes couldn't have been any higher. There is no pressure to incorporate the practices outlined, as we understand and respect the fact that health/wellness is a very private journey.

Social Media. Our social media platforms are for people interested in health &wellness. Certainly, feel free to express your brilliant-self, but comments/posts deemed inappropriate will be removed and the author terminated from our feeds.

Wishing you Peace & Health,

The McClintock Wellness Team

